

Barbara E. Hort, Ph.D.

Author, Psychologist, Psychodramaturg

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VITA

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PERSONAL INFORMATION

Birthplace: San Mateo, California

EDUCATION

B.A. in Psychology, 1974, Reed College, Portland, Oregon

M.A. in Psychology, 1985, University of Oregon, Eugene, Oregon

Ph.D. in Psychology, 1988, University of Oregon, Eugene, Oregon

Postdoctoral apprenticeship with Jungian Analyst Marion Woodman, 1999-2003

AWARDS AND HONORS

Phi Beta Kappa, Beta Chapter of Oregon, Reed College, May 1974

Graduate Research Fellowship, Department of Psychology
University of Oregon, 1984-85, 1985-86, 1986-87, 1987-88

Grants for Individual Research, Department of Psychology
University of Oregon, 1984-85, 1985-86, 1986-87, 1987-88

Grants for Individual Scientific Research,
Center for the Study of Women in Society,
University of Oregon, 1986-87 and 1987-88

PROFESSIONAL EXPERIENCE

Jungian Consultant in Private Practice

Portland, Oregon

September 1988 to present

I have been in private practice since receiving my doctoral degree in psychology from the University of Oregon in 1988. The orientation of my private practice is primarily Jungian, with an emphasis on the clinical perspectives presented in the works of Marion Woodman and Jean Shinoda Bolen. My clients are mostly women, aged 30 to 80, whose issues are primarily manifested in depression, anxiety, somatic symptoms, and problems pertaining to mid-life transition. Included in my client census are a large number of queer clients who present the problems listed above, with the added challenge of working these issues in the context of their gender/sexual identities, often newly acknowledged.

Psychodramaturgy Practice in Live Theater Production

Portland, Oregon and Denver, Colorado

August 2012 to present

In partnership with Chris Coleman (Artistic Director of the Denver Center for the Performing Arts, and previously for Portland Center Stage), I have developed and practiced the new theater art of *psychodramaturgy*. In this practice (described in detail at www.psychodramaturgy.com) I provide information on the psychological dynamics of a play to the artists who are creating its production.

PROFESSIONAL EXPERIENCE Cont'd

Co-facilitator of Women's Development Workshops (aka "Theater of the Soul")

December 2000 to February 2011

These workshops, in which my colleagues and I integrate dreamwork, movement, voice, art, and spiritual practice, are based on our five-year apprenticeship with the Jungian analyst Marion Woodman, movement specialist Mary Hamilton, and voice specialist Ann Skinner. I offered, along with a variety of former apprentices, a version of this integrative work under the title "Theater of the Soul" for over a decade.

Visiting Assistant Professor of Psychology

Reed College, Portland, Oregon

Academic Years of 1990-91 and 1991-1992

My responsibilities at Reed included teaching courses in the Psychology of Gender, Developmental Psychology, Social Psychology, and team-teaching the Introductory Psychology course. My lectures and conferences addressed a variety of topics in social, developmental and abnormal psychology, including gender stereotyping and gender development, social cognition and its affective and behavioral correlates, social cognitive development, and psychodynamic approaches to mental disorders and their treatments. In addition, I was responsible for supervising a variety of undergraduate research projects in psychology, including several senior theses (a degree requirement for Reed seniors).

Visiting Assistant Professor of Psychology

Washington State University/Vancouver, Vancouver, Washington

Academic Year of 1992-93

My responsibilities at WSU included teaching courses in Developmental Psychology and Social Psychology. My lectures and conferences addressed a variety of topics in social and developmental psychology, including emotional development, social cognition and its affective and behavioral correlates, and disorders relating to these areas.

Mid-Life Goal-Setting Courses for Professional Men and Women

Co-owner, *The Grail Partnership, Inc.*

September 1988 to September 1991

The Grail Partnership, Inc. offered consulting services to professional men and women, including lectures, seminars and individual counseling related to their personal and professional development at mid-life.

Research Coordinator in Social Psychology

University of Oregon, Eugene, Oregon

January 1986 - June 1988

I was responsible for coordinating Dr. Myron Rothbart's NSF-supported longitudinal study of stereotyping, including the design of research projects, training and supervising research assistants, collecting and analyzing data, and coordinating the operations of Dr. Rothbart's team of five undergraduate and four graduate research assistants.

Research Assistant in Developmental Psychology

University of Oregon, Eugene, Oregon

September 1984 - June 1986

My work included designing research, training and supervising undergraduate research assistants, and collecting and analyzing data from the research program of Dr. Beverly Fagot and Dr. Mary Leinbach investigating early gender acquisition in cognition and behavior, as well as the development of self-relevant gender schematic cognition and gender-typing of external stimuli.

PROFESSIONAL EXPERIENCE Cont'd

Director of Training and Personnel Development

Specialty Restaurant Division, Host International, Inc, Santa Monica, California

June 1979 - February 1983

(Also Operations Manager, April 1975 - May 1979)

My work as Director of Training included the design, implementation and supervision of programs for the training and career development of approximately 2500 management and hourly employees. My duties included conducting management training, supervising three Assistant Training Directors, writing the corporate operations manuals, designing special programs that addressed issues of career development and substance abuse.

Research Assistant in Psychology

Reed College, Portland, Oregon

September - June 1971/72 (Victor Stevens)

September - June 1972/73 and 1973/74 (Carol Creedon)

My work in comparative psychology with Dr. Stevens included collecting and analyzing videotaped data on the responses to novel stimuli of a variety of animals at the Washington Park Zoo in Portland, Oregon. My work with Dr. Creedon included the research and preparation of materials for her courses in Abnormal Psychology, Child and Adolescent Psychology, Educational Psychology and Personality Psychology.

ADDITIONAL TEACHING EXPERIENCE

Guest Lecturer for "Child Socialization," University of Oregon, 1986-1992.

Guest Lecturer for "Human Development," University of Oregon, 1986-1992.

Guest Lecturer for "Human Sexuality," University of Oregon, 1985-1987.

Instructor for "Seminar on the Psychology of Gender," University of Oregon, 1987.

Supervisor for the Honors Thesis research projects of five psychology seniors,
University of Oregon, 1987-88.

Program Coordinator and Guest Lecturer for "Proseminar on Research in Social
Psychology" (graduate level), University of Oregon, 1985-1988.

Guest Instructor (M. Rothbart on medical leave) in "Graduate Seminar on Social
Perception," University of Oregon, 1987.

PROFESSIONAL PUBLICATIONS — Jungian

Hort, B. E. (2023) *Hollow Crown of Fire: A Discovery of Meaning in the Coronavirus Pandemic and Its Predecessors*. White Horse Wordsmithing: Portland, OR.

Hort, B. E. (1996) *Unholy Hungers: Encountering the Psychic Vampire in Ourselves and Others*. Shambhala Publications: Boston, MA.

Hort, B.E. (2004) The Sacred Story and the Divine Hush: Adventures in Polyhymnia's
Wonderland. *Spring Journal: Muses* (Spring 2004): New Orleans, LA.

PROFESSIONAL PUBLICATIONS – Academic

Hort, B. E., & Taylor, M. (1990) A gender difference in the salience of cues for inductive inference. *British Journal of Developmental Psychology*, 8, 39-50.

Taylor, M., & Hort, B. E. (1990) Can children be trained in making the distinction between appearance and reality? *Cognitive Development*, 5, 89-99.

Hort, B. E., Fagot, B. I. & Leinbach, M. D. (1990) Are people's notions of maleness more stereotypically framed than their notions of femaleness? *Sex Roles*, 23, 197-212.

Hort, B. E., Leinbach, M. D. & Fagot, B. I. (1991) Is there coherence among the components of gender acquisition? *Sex Roles*, 24, 195-207.

Hort, B. E. & Rothbart, M. (1991) Personal, cultural and ideal components of gender stereotypes. (Master's Thesis) Submitted for publication in *Journal of Experimental Social Psychology*.

Riseden, A. D. & Hort B. E. (1992; under editorial revision) An investigation of the sexual component of the male gender stereotype. (Reed senior thesis) *Sex Roles*.

Hort, B. E. (1992a) Social status versus social desirability as a determining factor in peer response to males' cross-gender behavior. (Doctoral Dissertation) Under editorial review for publication in *Sex Roles*.

ACADEMIC PRESENTATIONS

Hort, B. E. & Creedon, C. F. (April, 1974) Yes, No and Huh?: Reinforcement in classroom verbal interaction. Paper presented at the annual meeting of the Western Psychological Association, San Francisco, California.

Hort, B. E., Leinbach, M. D. & Fagot, B. I. (April, 1986) Playing with matches: A gender difference in strategies for categorization. Paper presented at the annual meeting of the Western Psychological Association, Seattle, Washington.

Hort, B. E. & Taylor, M. (April, 1987) Actions or consequences: A gender difference in the salience of cues for inductive inference. Paper presented at the annual meeting of the Western Psychological Association, Long Beach, California.

Hort, B. E. (1988) Is there coherence among the components of gender development? Paper presented in a symposium on gender development at the annual meeting of the Western Psychological Association, Burlingame, California.

Taylor, M. & Hort, B. E. (1988) Can children be trained in making the distinction between appearance and reality? Paper presented at the annual meeting of the Western Psychological Association, Burlingame, California.

Leinbach, M. D. & Hort, B. E. (1989) Bears are for boys: Metaphorical associations in the young child's gender schema. Paper presented at the biennial meeting of the Society for Research on Child Development, Kansas City, Missouri.

Hort, B. E., Leinbach, M.D. & Fagot, B. I. (1992a) An investigation of the conceptual parameters underlying the metaphorical construals of gender. Paper presented at the biennial meeting of the Southwestern Society for Research in Human Development, Tempe, Arizona.

ACADEMIC PRESENTATIONS Cont'd

Hort, B. E., Leinbach, M.D. & Fagot, B. I. (1992b) Metaphorically gendered traits and the gender-typing of toys. Paper presented at the annual meeting of the Western Psychological Association, Portland, Oregon.

Leinbach, M. D., Hort, B. E. & Fagot, B. I. (1992) Conventionally and metaphorically gendered parameters in children's gender judgments. Paper presented at the annual meeting of the Western Psychological Association, Portland, Oregon.

Riseden, P. A. D. & Hort B. E. (1992) An investigation of the sexual component of the male gender stereotype. Paper presented at the annual meeting of the Western Psychological Association, Portland, Oregon.

St. Lawrence, J. & Hort, B. E. (1992) A comparison of primiparae mothers whose births were assisted by nurse-midwives or obstetricians. Paper presented at the annual meeting of the Western Psychological Association, Portland, Oregon.

PROFESSIONAL REFERENCES

Jean Shinoda Bolen, M.D.
(Jungian Analyst)
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Pamela Kimsey, Ph.D.
(Clinical Psychologist)
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Vancouver, Washington 98660
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Professor of Psychology, Emeritus
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